# ENDS AND FAMILY

What kind of person are you?

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#### Personality survey

A Do you agree with these statements? Complete the survey.

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Definitely agree	Somewhat agree	Definitely disagree	
			Ann

B Pair work Compare your responses to the survey. Find two ways you and your partner are different.

"I'm not afraid of giving speeches in front of the class. How about you?"

"Oh, I'm definit	ely afraid	of doing	that!'
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#### VOCABULARY & SPEAKING

#### How would you describe yourself?

- A Which statement from the survey best matches these personality traits? Write the correct number. Then compare answers with a partner.
  - 2 a. friendly and outgoing
  - b. strong and independent
  - 🧠 c. laid-back and relaxed
- 🔼 d. kind and generous
- e. honest and sincere
- 3 f. shy and reserved
- \_\_\_\_\_ g. wild and crazy
- \_/\_ h. calm and cool
- $\mathcal{T}$  i. neat and tidy

**B Pair work** Choose another partner.

Find two traits you have in common. Find one way that you're different.

"So, how would you describe yourself?"

"Well, I'd say I'm pretty laid-back and relaxed."

"Me, too. I never worry about getting places on time."

"I don't either. I like taking it easy and . . . "

#### Useful expressions

#### Same traits

So am I. (I am. too.) I'm the same way.

So do I. (I do, too.)

Neither do I. (I don't either.)

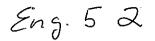
#### **Different traits**

I'm not like that. I'd say I'm more . . .

Really? I don't.

That's not true for me.

VOCABULARY PLUS see page 130





#### **GRAMMAR**

#### Verbs followed by gerunds

Use the gerund form after these verbs. Lenjoy going to parties where I don't know everyone. I avoid expressing my feelings and ideas in public. I don't mind giving up my time to help other people.

Use the gerund or infinitive form after these verbs. I can't stand being / to be in a messy room. I love taking / to take my friends to cool new clubs. I hate getting up / to get up for early morning classes.

Use the gerund form after these expressions containing prepositions.

I insist on making my own decisions.

Lalways feel like going dancing!

I'm into going out to new foreign restaurants.

**GRAMMAR PLUS** see page 106

- A Look at the Starting Point on page 2 again. Can you find other expressions that are followed by gerunds? Which of them can also be followed by infinitives?
- B Pair work How do you feel about these things? Discuss your answers using verbs or expressions followed by gerunds and infinitives.
  - 1. tell people that I'm angry with them
- 4. eat a full meal late at night
- 2. help with chores around the house
- 5. start conversations with people I don't know
- 3. listen to people's personal problems
- 6. go to places where I have to use English

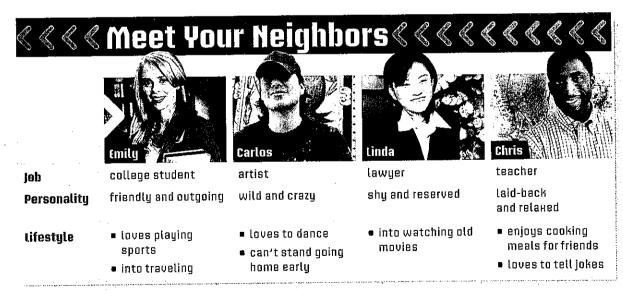
"I usually avoid telling people that I'm angry with them. I guess I'm just afraid of making them angry at me."



#### SPEAKING

#### Personal profiles

A Look at the information about these people. Which person is most similar to you? Why?



B Class activity Write a similar profile for yourself. Don't write your name. Your teacher will take your profile and give you the profile of another student. Ask questions around the class to find the other student.

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"Personality Development". How often do we hear this term, from our mentors, our teachers, on the covers of self-help books or on the banners of institutes and learning centres? The abundance of the usage of this term signals towards its importance in today's life. So what do you mean by personality development? Is it something about how you look, or how you speak? Or is it how easily you can connect with people? Personality development is none of these. Or somewhere it is all of it. In order to survive in today's world one needs to be smart and quick-witted all the time. It's no longer just about how much effort you put into your work but one's personality also has a lot to do with what one achieves. Here I have got 12 simple yet crucial tips over how you can acquire a well-meaning personality.

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# 12. Know yourself

# "Knowing yourself is the beginning of all wisdom."

## -Aristotle





Obviously before you get on developing something you need to know all about it first. The same goes with your personality.

One needs to start with taking a good look at themselves, analyzing their traits, the strengths and weaknesses and everything that needs to be worked upon. Don't shy away from accepting your flaws and learn about yourself as much as you can.

# 11. Bring positivity in your outlook

Your thoughts and your actions both need to be positive in order to have an attractive personality. The way we think has a lot of effect on the way how we act. And if one prospers positive thoughts inside his mind then that also gives him a confidence boost and enhances their personality. Situations and circumstances in life can always be full highs and lows. But in order to adopt a positive outlook towards life, you need to find the brighter side of the things and focus on the good parts.

# 10. Have an opinion

Eng. 5 6

Having an opinion and being able to confidently put it forward doesn't just help making your conversations interesting but it also makes you look more influential and well informed around other people. Never shy away from projecting your opinions even if they happen to conflict with those of other people. Be well informed about all the relevant stuff in your surrounding and fell free to have opinions. It will make yourself feel important too

# 9. Meet new people

Meeting new and different kinds of people is a healthy step towards expanding your horizons and exposing yourself to a larger number of things. You get an opportunity to know more about other cultures and

lifestyles and it significantly has a positive effect on your own personality.

# 8. Read more often and develop new interests

A man of very few interests has very little to talk about. But if you are well informed about things and cultivate a number of interests, more people tend to like you. You can strike up interesting conversations instead of appearing to be dull and monotonous. When you meet new people you do not have to think about what to say as you can share your knowledge or your interests and get them indulged in conversation.

# 7. Be a good listener

"Most people do not listen with the intent to understand; they listen with the intent to reply." True it is. Being a good listener may not seem like but it is an important step towards achieving a more likable personality. When somebody talks to you, listen with interest and give them all the attention and importance. Maintain a direct eye contact and do not get distracted by the surroundings. It will help you in knowing a better deal about people and attending them in a better way.

#### 6. Be a little fun

Oh yes, this is necessary! Being able to find a humorous side in otherwise terrible situations and bringing a little quirkiness of your own is appreciated by one and all. Everybody loves a person who can make them laugh and bring a funny perspective to the regular things of life. One does not need to be all serious and sober all the time but adorning your funny hat (not literally) every once in a while will turn you in to a more charming personality.

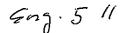
### 5. Be courteous

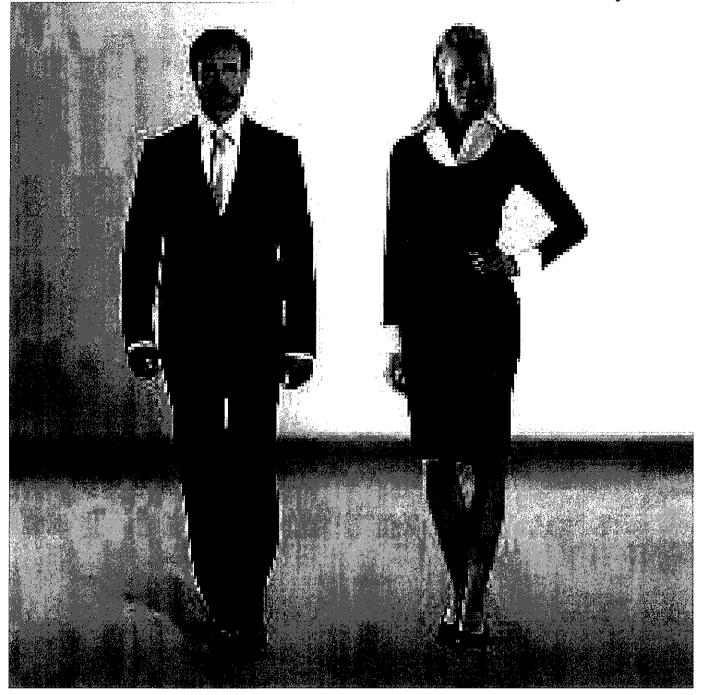
Being courteous is never out of fashion and is well appreciated and respected by everyone. Be humble and greet everyone with a smile. Never shy away from helping or supporting your peers and being available to them whenever they need you. Doing random acts of kindness will not just make somebody else's day but it will also make you come along as a pleasing person. Also it will give your personality a confidence boost. Be humble and down to earth to your juniors and seniors alike.

# 4. Work on your Body Language

Body language is just as important for your personality as your verbal communication skills. It tells a lot about yourself and helps people in making accurate conjectures about you. Everything including the way you walk, sit, talk or eat leaves an impact over the people around you and having a correct body language can do wonders for your personality. Walk in an upright position with shoulders straight. Do not droop. Sit in a relaxed posture and make always eye contact while speaking.

# 3. Check your attire





I am not abruptly beginning to emphasize about your exterior self instead of your skills and abilities but one's attire has an important role to play while making a desirable impression. And not just that, but

it also gives yourself a confidence boost knowing that you look good and are dressed appropriately. Dress up in a decent manner and keeping your surroundings in mind. While flashy colors and too much body tattoos or piercings convey an unprofessional attitude, neatly ironed clothes make you look presentable.

# 2. Be yourself



Though one can always look up to other people to take an inspiration from, but you should still remain your own unique self. Each one of us is different, we have our own sets of skills and flaws and trying to be somebody else gets you nowhere and just simply backfires. Trying too hard to fit in a new group or wanting to belong should never take your authenticity and singularity away. Never try moulding into another

person but instead work on being the best version of yourself.

### 1. Be confident



Yes, that's the key. Being confident about who you are and what you are doing is the most important tip for personality development. Never doubt your capabilities and if there is something you need to work upon then put in all the effort so you can come over your fears and gain confidence. Read success stories or surround yourself with motivational thoughts or "encouragements" which can boost up your self esteem and help you in attaining a charming personality. Just everything you do, have faith in yourself and put in your hard work. There can be nothing more appealing in your personality than an incredible confidence.

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crucial, shy away from, flaw, enhance, expand one's horizons, quirky, make somebody's day, inspiration, backfire, fit in

In order to survive in today's world, \_\_\_\_\_\_.

What weakness do you need to work on?

What opinion have you had that conflicted with others?

What are you interested in? When you talk about your interests, do your listeners pay attention?

When have you performed a random act of kindness? When have you experienced a random act of kindness?

Do you consider what impression you are trying to make when you get dressed?

Have you ever experienced difficulty in fitting in?

What motivates you to try harder?

When has someone made your day?

Which one of these twelve pieces of advice is the easiest/most difficult for you to follow?