

FRIENDS AND FAMILY

LESSON A ► What kind of person are you?

Eng. 5 1

1 STARTING POINT

Personality survey

A Do you agree with these statements? Complete the survey.

Personality Survey	Definitely agree	Somewhat agree	Definitely disagree
1. I'm not afraid of giving speeches in front of the class.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I enjoy going to parties where I don't know everyone.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I avoid expressing my feelings and ideas in public.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I insist on making my own decisions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. I don't mind giving up my time to help other people.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I never worry about getting places on time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. I always feel like going dancing!	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. I can't stand being in a messy, disorganized room.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. I prefer telling people how I feel, even if it's embarrassing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



B **Pair work** Compare your responses to the survey. Find two ways you and your partner are different.

"I'm not afraid of giving speeches in front of the class. How about you?"

"Oh, I'm definitely afraid of doing that!"

2 VOCABULARY & SPEAKING

How would you describe yourself?

A Which statement from the survey best matches these personality traits?

Write the correct number. Then compare answers with a partner.

- | | | |
|------------------------------------|--------------------------------|----------------------------|
| <u>2</u> a. friendly and outgoing | <u>5</u> d. kind and generous | <u>7</u> g. wild and crazy |
| <u>4</u> b. strong and independent | <u>9</u> e. honest and sincere | <u>1</u> h. calm and cool |
| <u>6</u> c. laid-back and relaxed | <u>3</u> f. shy and reserved | <u>8</u> i. neat and tidy |

B **Pair work** Choose another partner.

Find two traits you have in common.

Find one way that you're different.

"So, how would you describe yourself?"

"Well, I'd say I'm pretty laid-back and relaxed."

"Me, too. I never worry about getting places on time."

"I don't either. I like taking it easy and . . ."

Useful expressions

Same traits

So am I. (I am, too.)

I'm the same way.

So do I. (I do, too.)

Neither do I. (I don't either.)

Different traits

I'm not like that.

I'd say I'm more . . .

Really? I don't.

That's not true for me.

VOCABULARY PLUS see page 130

3 GRAMMAR

Verbs followed by gerunds

Use the gerund form after these verbs.

I **enjoy going** to parties where I don't know everyone.

I **avoid expressing** my feelings and ideas in public.

I **don't mind giving up** my time to help other people.

Use the gerund or infinitive form after these verbs.

I **can't stand being / to be** in a messy room.

I **love taking / to take** my friends to cool new clubs.

I **hate getting up / to get up** for early morning classes.

Use the gerund form after these expressions containing prepositions.

I **insist on making** my own decisions.

I **always feel like going** dancing!

I'm **into going out** to new foreign restaurants.

GRAMMAR PLUS see page 106

A Look at the Starting Point on page 2 again. Can you find other expressions that are followed by gerunds? Which of them can also be followed by infinitives?

B Pair work How do you feel about these things? Discuss your answers using verbs or expressions followed by gerunds and infinitives.





1. tell people that I'm angry with them
2. help with chores around the house
3. listen to people's personal problems
4. eat a full meal late at night
5. start conversations with people I don't know
6. go to places where I have to use English

"I usually avoid telling people that I'm angry with them. I guess I'm just afraid of making them angry at me."

4 SPEAKING

Personal profiles

A Look at the information about these people. Which person is most similar to you? Why?

Meet Your Neighbors				
				
Name	Emily	Carlos	Linda	Chris
Job	college student	artist	lawyer	teacher
Personality	friendly and outgoing	wild and crazy	shy and reserved	laid-back and relaxed
Lifestyle	<ul style="list-style-type: none"> loves playing sports into traveling 	<ul style="list-style-type: none"> loves to dance can't stand going home early 	<ul style="list-style-type: none"> into watching old movies 	<ul style="list-style-type: none"> enjoys cooking meals for friends loves to tell jokes

B Class activity Write a similar profile for yourself. Don't write your name. Your teacher will take your profile and give you the profile of another student. Ask questions around the class to find the other student.

"Personality Development". How often do we hear this term, from our mentors, our teachers, on the covers of self-help books or on the banners of institutes and learning centres? The abundance of the usage of this term signals towards its importance in today's life. So what do you mean by personality development? Is it something about how you look, or how you speak? Or is it how easily you can connect with people? Personality development is none of these. Or somewhere it is all of it. In order to survive in today's world one needs to be smart and quick-witted all the time. It's no longer just about how much effort you put into your work but one's personality also has a lot to do with what one achieves. Here I have got 12 simple yet crucial tips over how you can acquire a well-meaning personality.

12. Know yourself

**"Knowing yourself is the
beginning of all wisdom."**

-Aristotle



EFBE Inspirational Quotes

Obviously before you get on developing something you need to know all about it first. The same goes with your personality.

One needs to start with taking a good look at themselves, analyzing their traits, the strengths and weaknesses and everything that needs to be worked upon. Don't shy away from accepting your flaws and learn about yourself as much as you can.

11. Bring positivity in your outlook

Your thoughts and your actions both need to be positive in order to have an attractive personality. The way we think has a lot of effect on the way how we act. And if one prospers positive thoughts inside his mind then that also gives him a confidence boost and enhances their personality. Situations and circumstances in life can always be full highs and lows. But in order to adopt a positive outlook towards life, you need to find the brighter side of the things and focus on the good parts.

10. Have an opinion

Having an opinion and being able to confidently put it forward doesn't just help making your conversations interesting but it also makes you look more influential and well informed around other people. Never shy away from projecting your opinions even if they happen to conflict with those of other people. Be well informed about all the relevant stuff in your surrounding and feel free to have opinions. It will make yourself feel important too

9. Meet new people

Meeting new and different kinds of people is a healthy step towards expanding your horizons and exposing yourself to a larger number of things. You get an opportunity to know more about other cultures and

lifestyles and it significantly has a positive effect on your own personality.

8. Read more often and develop new interests

A man of very few interests has very little to talk about. But if you are well informed about things and cultivate a number of interests, more people tend to like you. You can strike up interesting conversations instead of appearing to be dull and monotonous. When you meet new people you do not have to think about what to say as you can share your knowledge or your interests and get them indulged in conversation.

7. Be a good listener

“Most people do not listen with the intent to understand; they listen with the intent to reply.” True it is. Being a good listener may not seem like but it is an important step towards achieving a more likable personality. When somebody talks to you, listen with interest and give them all the attention and importance. Maintain a direct eye contact and do not get distracted by the surroundings. It will help you in knowing a better deal about people and attending them in a better way.

6. Be a little fun

Oh yes, this is necessary! Being able to find a humorous side in otherwise terrible situations and bringing a little quirkiness of your own is appreciated by one and all. Everybody loves a person who can make them laugh and bring a funny perspective to the regular things of life. One does not

need to be all serious and sober all the time but adorning your funny hat (not literally) every once in a while will turn you in to a more charming personality.

5. Be courteous

Being courteous is never out of fashion and is well appreciated and respected by everyone. Be humble and greet everyone with a smile. Never shy away from helping or supporting your peers and being available to them whenever they need you. Doing random acts of kindness will not just make somebody else's day but it will also make you come along as a pleasing person. Also it will give your personality a confidence boost. Be humble and down to earth to your juniors and seniors alike.

4. Work on your Body Language

Body language is just as important for your personality as your verbal communication skills. It tells a lot about yourself and helps people in making accurate conjectures about you. Everything including the way you walk, sit, talk or eat leaves an impact over the people around you and having a correct body language can do wonders for your personality. Walk in an upright position with shoulders straight. Do not droop. Sit in a relaxed posture and make always eye contact while speaking.

3. Check your attire



I am not abruptly beginning to emphasize about your exterior self instead of your skills and abilities but one's attire has an important role to play while making a desirable impression. And not just that, but

it also gives yourself a confidence boost knowing that you look good and are dressed appropriately. Dress up in a decent manner and keeping your surroundings in mind. While flashy colors and too much body tattoos or piercings convey an unprofessional attitude, neatly ironed clothes make you look presentable.

2. Be yourself

BE YOURSELF

*An original is always
worth more than a copy.*

Though one can always look up to other people to take an inspiration from, but you should still remain your own unique self. Each one of us is different, we have our own sets of skills and flaws and trying to be somebody else gets you nowhere and just simply backfires. Trying too hard to fit in a new group or wanting to belong should never take your authenticity and singularity away. Never try moulding into another

person but instead work on being the best version of yourself.

1. Be confident



BE CONFIDENT
IN YOURSELF

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Yes, that's the key. Being confident about who you are and what you are doing is the most important tip for personality development. Never doubt your capabilities and if there is something you need to work upon then put in all the effort so you can come over your fears and gain confidence. Read success stories or surround yourself with motivational thoughts or "encouragements" which can boost up your self esteem and help you in attaining a charming personality. Just everything you do, have faith in yourself and put in your hard work. There can be nothing more appealing in your personality than an incredible confidence.

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crucial, shy away from, flaw, enhance, expand one's horizons,
quirky, make somebody's day, inspiration, backfire, fit in

In order to survive in today's world, _____.

What weakness do you need to work on?

What opinion have you had that conflicted with others?

What are you interested in? When you talk about your interests, do
your listeners pay attention?

When have you performed a random act of kindness? When have
you experienced a random act of kindness?

Do you consider what impression you are trying to make when you
get dressed?

Have you ever experienced difficulty in fitting in?

What motivates you to try harder?

When has someone made your day?

Which one of these twelve pieces of advice is the easiest/most
difficult for you to follow?